

### 5. POHORJE UPHILL

# Self transcendence event walk and race

DATE OF THE COMPETITION: 7th, NOVEMBER 2010

ORGANIZER: Športno društvo SRI CHINMOY MARATHON TEAM

PLACE: Pohorje cable railway, Pohorska ulica 59, Maribor, Slovenia

Event suitable for all who dare to challenge the Pohorje hill- walkers or runners!





Pre-entry for race and information:

<u>vww.srichinmoyraces.org/si</u>

ON THE DAY OF THE RACE at the starting point between 9.00-10.30 Start fee: 7 EUR INFO: +386 41 691707

## Start for walkers at 10:30! Start of the race for all categories at 11:00!

KATEGORY	CLASS
FAMILY*	
M3 Young boys	1995 and younger
M4 Junior boys	1991-1994
M5 Seniors	1971-1990
M6 Young veterans	1961-1970
M7 Senior veterans	1951-1960
M8 Super veterans	1950 and older
Z3 Young girls	1995 and younger
Z4 Junior girls	1991-1994
Z5 Women I.	1971-1990
Z6 Women II.	1961-1970
Z7 Women III.	1951-1960
Z8 Women IV.	1950 and older

### CEREMONY

The closing ceremony will take place on the platform in front of the hotel Bellevue at 13.00

**Description of the route:** The race will start at the lower station of the Pohorje cable railway (325 m) and then continue on Čopova course to the hotel Bellevue (1050 m) where the finish is. The route will be marked. **The length of the course is 3850 m with vertical ascent of 725 meters.** 

### THE ORGANIZER WILL PROVIDE:

- awards for the best 7 men and best 7 women generally
- a trophy for the winner in category and a memorial medal for the second and third place + awards up to the 5. place
- special prize for new record
- lottery with prizes, a bike....
- a T-shirt for first 300 participants
- · a warm meal on the finish
- transportation of the equipment from the start to the finish

<sup>\*</sup> Family consists of father and mother and any number of children younger than 18 years. Families will be classified according to the time result of the fastest three members, but race must end all family members. Each family member time result will be also included in separate category.

